



# TRANSPORTATION INFORMATION OUTREACH

A Newsletter by: Lake County/City Area Planning Council

Issue XI

Summer 2010

## Lake County 2030 Blueprint

On June 5th, the Lake County 2030 Blueprint Preferred Growth Scenario was presented at two community workshops held in Lakeport and Lower Lake. These workshops were the culmination of almost two years of community visioning and scenario modeling to look at how the County should grow and develop in the next twenty years. These workshops followed five community workshops held in February and March where four alternative growth scenarios were presented and discussed by over 100 community members who attended the workshops. The "Preferred Growth Scenario," is a vision of Lake County in 2030 that focuses most growth within existing communities. Also included are some new development areas that incorporate smart growth features such as community centers, bike paths, and a range of housing choices. More medium and high

density housing helps reduce water consumption of residential development. This scenario also uses less land area as compared to the "current trends" scenario which was based on continuing the existing development patterns. Workshop participants expressed an interest in focusing development within existing communities and especially within areas that are underdeveloped or blighted with dilapidated structures. Incorporating more pedestrian infrastructure and transit to improve access to businesses and services was also identified as a priority. These concepts support the broader interest of maintaining and enhancing communities by investing in and improving the existing assets, resources and infrastructure of our communities. The goal for the Lake County 2030 Regional Blueprint Plan is to guide local government planning and policies, particularly

for land use and transportation. The final Plan will serve as guidance to local governments as the County grows to an estimated 101,000 residents by 2030. In the fall, the Lake County 2030 Preferred Scenario and Blueprint Plan will be presented to the Lake APC members for approval. Lake APC staff will coordinate with local organizations and agencies to facilitate implementation of the Lake County 2030 Blueprint and also work to identify grant funding sources designed to support Blueprint implementation efforts. For more information, visit [www.lakeapc.org](http://www.lakeapc.org) and select the "Lake County 2030" link on the right side of the web page.



## 2010 Regional Transportation Plan

Updated every five years, the Regional Transportation Plan (RTP) is multi-modal and guides decisions about all types of transportation, including autos, trucks, bicycles, pedestrian (walking), aviation, buses (public transportation), and the related facilities needed for an effective transportation system. During community outreach activities, the biggest concern voiced was the poor condition of roads throughout the county. This concern is supported by the fact that Lake County roads were ranked the worst in the state based on statewide study conducted in 2009. The need for road maintenance and rehabilitation increases each year while funding challenges continue to limit the amount of projects that can be completed. Another issue identified by the public was safety for all travelers – drivers, pedestrians, bicyclists and transit riders. Suggested safety improvements included sidewalks, paths and routes for pedes-

trians and bicyclists, as well as better access and improved bus stops and shelters for transit riders. Roadway improvements to reduce traffic accidents and efforts to reduce speeding were also suggested to improve safety. The public had a number of opportunities to provide input on their concerns, interests and priorities through a variety of public outreach activities over the last year. Information about the update of the RTP was available on the Lake APC web site, as was an on-line survey requesting input on the concerns of Lake County residents and visitors. Lake APC staff partnered with Lake Transit to develop an interactive booth at the 2009 Lake County Fair where people were able to decide how they would "spend" money between five categories of transportation projects. With over 300 people participating in the game, road maintenance and rehabilitation received the most funding. Information obtained dur-

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ing the Lake County 2030 Blueprint community workshops was also valuable in providing insight to the concerns of residents. Input from local agencies and the RTP Community Advisory Committee provided additional direction to the development of the 2010 RTP. The next steps in the development of the 2010 RTP include public workshops to be held in the late summer or early fall to present the draft 2010 RTP and request comments from the public. A draft of the RTP will be posted on the Lake APC web site [www.lakeapc.org](http://www.lakeapc.org) in conjunction with the workshops. For more information, visit [www.lakeapc.org](http://www.lakeapc.org) or contact Terri Persons at (707) 263-7799 or [personst@dow-associates.com](mailto:personst@dow-associates.com)

# Slow for the Cone Zone

The summer construction season has begun and drivers will notice crews in a number of communities in Lake County working on transportation improvement projects. Watch for signs and be aware of your speed as you approach and travel through the construction zones. Some projects may result in temporary lane and street closures, detours or reduced speed limits.

The City of Clearlake started construction on June 14th on a number of street rehabilitation projects. The work involves the excavation and removal (by grinding) the existing asphalt surfacing and old road base, and placement of new asphalt pavement and minor underground utility repair. Streets included in the project are: Arrowhead Road between Golf Club Street and Modoc Street; Arrowhead Road between Park Street and Burns Valley Road; Burns Valley Road between Arrowhead Road and Woodland Street, and 40th Avenue between Moss Avenue and Phillips Avenue.

The City of Lakeport will complete the roadway portion of the Forbes Street overlay which is an ARRA stimulus funded project. The curb cuts along Forbes Street were installed during the first phase of the project. A project is also scheduled to chip seal High Street from Main Street (including a portion of Clearlake Avenue) past 20th Street to Giselman Street. A sidewalk will be installed along the east side of Main Street, between E Street and Oak Knoll Avenue (next to Performance European auto repair) and that portion of Main Street will be repaved along with a portion of E Street and Oak Knoll Avenue.

The County of Lake will construct approximately two miles of the Lakeshore Boulevard Bikeway project along Lakeshore Boulevard in north Lakeport. The project is partially funded with ARRA Transportation Enhancement stimulus funds. A project is also scheduled for an overlay on a portion of Bottle Rock Road. In coordination with the Bureau of Indian Affairs (BIA) a curve realignment of Soda Bay Road between Highland

Springs Road and Mission Rancheria Road will be completed.

Caltrans will be installing metal guardrails in a number of locations in Lake County along state routes. Caltrans will chip seal almost 12 miles of pavement on Route 29 from the Lake/Napa County line to the Coyote Creek Bridge, and 8.5 miles of pavement on Route 175 from Cobb to Middletown. Caltrans will award a construction contract this fall with construction to begin next spring for a project on State Route 53 which will include a traffic signal at the intersection of State Route 53 and Olympic Drive. The majority of the construction will occur in 2011 and the installation of the traffic signal is expected to occur in 2012. Remember to "slow for the cone zone" and watch for equipment and personnel in the construction zones so you can arrive safely at your destination.

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## New Shuttle Serves Live Oak Senior Center

The Live Oak Senior Center now has a shuttle service to bring seniors to the Senior Center for hot lunches Monday through Friday. An important goal of the shuttle service is to provide seniors a nutritious hot lunch at the senior center in Clearlake Oaks.

The Shuttle Service runs 9:30 a.m. to 1:30 p.m. and serves the communities of Clearlake Oaks, Spring Valley and Glenhaven. Seniors interested can call to make a reservation by 3:00 p.m. on the day before they want to ride the shuttle.

**To make a reservation, seniors are asked to call 998-1950 or 998-3198.**

In the future, the Senior Center hopes to coordinate with the Mobile Health Services Unit, (MHSU) recently launched by Sutter Lakeside Hospital. They are working together to arrange for seniors to eventually take the shuttle to the senior center where

the Mobile Health Services Unit will be scheduled to provide medical services. The mobile unit is a customized vehicle that functions as a mobile medical clinic. The goal of the MHSU is to bring services out to the community, especially seniors and those in more remote areas of the county where access to medical services is limited.

The Area Agency on Aging coordinated with the Live Oak Senior Center to establish the shuttle service which is supported in part through a Caltrans grant and funding from Lake Transit. In the future they plan

to also implement a call-in dial-a-ride service to transport people to medical appointments and other services.



The Live Oak Senior Center Shuttle runs Monday through Friday, to transport seniors from Clearlake Oaks, Spring Valley and Glenhaven to the Senior Center in Clearlake Oaks where lunch is served.

## New Buses for Lake Transit

In early June, two “new” buses arrived at Lake Transit – for free\*! Lake Transit was able to obtain the two 2005 Opus model buses through Nevada County at no cost. The buses were available because Nevada County had to reduce their services on an intercity bus route, and the grant funds used to purchase the buses required that the buses serve an intercity route. Lake Transit will use the two buses on the intercity route that runs from Calistoga to Ukiah via Middletown, Clearlake, Kelseyville, Lakeport and Upper Lake. The low-floor “kneeling bus” design allows for easy access by wheelchairs as the front of the bus actually lowers down before the ramp is deployed, so the ramp is almost level with the sidewalk. Wheelchair passengers roll straight into the bus and have more room to maneuver. The front of the bus also features a rack for bicycles. \* Some costs will be incurred to retrofit the bus



Shane Idland, Social Services Transportation Advisory Council member, uses the ramp on one of the two “kneeling” buses recently delivered to Lake Transit.

to meet current emission requirements and make other improvements. After installing the radio system and fare box, and adding the new Lake Transit logo to the outside of the buses, the buses will be in service on Route 3-4-7. Over the next few months, eight additional new buses will replace older buses in the Lake Transit fleet. The majority of the cost of the new buses was funded through Federal ARRA Stimulus grants. Lake Transit also received grant funding to help purchase new bus shelters, and installation will begin later this summer in locations throughout the county, including bus shelters in Lakeport and Clearlake. The designs and colors of the bus shelters were selected in consultation with representatives from the two cities and the County.

## Transportation to Medical Services: Survey to Identify Needs of Lake County Residents

The Lake County/City Area Planning Council received a grant to help develop a Non-Emergency Medical Transportation (NEMT) Plan for Lake County. A survey is included with this newsletter to obtain input from the community about their needs and concerns, and to help develop an effective plan. “The need for improved transportation to medical services has arisen at numerous community workshops held by our agency over the last few years,” said Lisa Davey-Bates, Executive Director of the Lake County/City Area Planning Council. “That is why we applied for grant funding to develop the Non-Emergency Medical Transportation (NEMT) Plan for Lake County. This project has strong support from the health care community and community organizations, especially those that work with seniors and families with young children to improve their health”, said Davey-Bates.

**What is “non-emergency medical transportation”?** The term non-emergency medical transportation means travel to and from medical services and appointments that does not require full emergency response service typically provided by an ambulance. NEMT trips can include trips to the doctor’s office for an appointment, medical labs for tests, the dentist, facilities for regularly scheduled treatments such as dialysis, and even a return trip home after a stay in the hospital. These non-emergency medical trips can be made by car, on transit, on a shuttle or taxi service, or

other means of travel. Unfortunately, the options for how people can travel to medical services are often limited by their health, the cost and availability of transportation, or the distance they need to travel to get to the medical facilities. As many Lake County residents already know first hand, some people have to travel long distances or even out-of-county to get the medical services they need. These issues are what the NEMT Plan will help address. The study will identify the needs of Lake County residents, identify potential funding sources and develop strategies to improve transportation options and use existing resources more effectively.

**Please complete the enclosed survey and fold according to instructions, then drop in the nearest mail-box.** No need to use a stamp, it already has return postage-paid. **Please return your survey no later than July 30th.** Thank you in advance for your help.

**NOTE:** A survey of medical and social service providers is also being conducted to understand their services and the transportation needs of their patients and clients. For more information on this “agency survey”, contact Terri Persons at (707) 263-7799 or [personst@dow-associates.com](mailto:personst@dow-associates.com)



**TRANSPORTATION INFORMATION OUTREACH**

Lake County/City Area Planning Council  
367 N. State Street, #206  
Ukiah, CA 95482

PRSRT STD  
ECR WSS  
US POSTAGE PAID  
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Resident Customer

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**Have You Missed Medical Appointments Due to Lack of Transportation?**

Could you or a family member use help traveling to medical appointments? Have you delayed or missed an appointment because you did not have transportation when you needed it to get to an appointment? We are working to address the problem faced by many Lake County residents who need to get to medical services but may not have adequate transportation options. You can help us better understand your needs and concerns by completing the enclosed survey!

The Non-Emergency Medical Transportation (NEMT) survey will help us identify the needs and concerns of Lake County residents to develop a plan to improve non-emergency medical transportation options. **Please open this newsletter and take a few minutes to complete the survey inside** so we can help address this important issue and improve transportation to medical services for you and your family.

**NOTE:** See the article on page 3 for more details about the project to develop a Non-Emergency Medical Transportation Plan.

We're on the Web!  
[www.lakeapc.org](http://www.lakeapc.org)

**Lake APC Board Members**

- Jim Irwin**  
Lakeport City Council Member
- Jeff Smith**  
Supervisor, County of Lake
- Jim Comstock**  
Supervisor, County of Lake
- Chuck Leonard**  
Clearlake City Council Member
- Judy Thein**  
Clearlake City Council Member
- Ronald Bertsch**  
Lakeport City Council Member
- Ed Robey**  
Member at Large
- Marsha Wharff**  
Member at Large

\*PLACE TAPE HERE TO SEAL\*

NON-EMERGENCY MEDICAL TRANSPORTATION SURVEY  
AMMA TRANSIT PLANNING  
393 TWO TREES RD  
RIVERSIDE CA 92507-9721

POSTAGE WILL BE PAID BY ADDRESSEE

**BUSINESS REPLY MAIL**  
FIRST-CLASS MAIL PERMIT NO. 28 RIVERSIDE CA

NO POSTAGE  
NECESSARY  
IF MAILED  
IN THE  
UNITED STATES

# **NON EMERGENCY MEDICAL TRANSPORTATION (NEMT)**

## **HOUSEHOLD SURVEY**

\*PLACE TAPE HERE TO SEAL\*

*Lake County/ City Area Planning Council (APC)*  
Non-Emergency Medical Transportation  
Household Survey

*This Lake County **Non-Emergency Medical Transportation (NEMT) Survey** will help us to identify needs and concerns of Lake County residents. From this, we will develop a plan to improve non-emergency medical transportation options, within the tight resources currently available.*

**INSTRUCTIONS**

Please take a few minutes to complete the survey inside, telling us about you and your family's health care access issues. This survey is anonymous. Once completed, re-fold the survey back to its original shape and then drop in the nearest mailbox. There is no need to use a stamp as it has return postage pre-paid.

To ensure proper delivery of your survey, place a piece of tape to seal it where indicated once you have re-folded it to its original shape. This ensures that your survey is not unfolded in the mail.

Lake APC, the regional transportation planning agency in Lake County, has contracted with AMMA Transit Planning of Riverside, CA. to assist us with the survey and the development of a plan for Lake County. Surveys are mailed back to them. Please return yours by **July 31<sup>st</sup>** so that your responses can be included.

Thank you in advance for your assistance.

**SURVEY INSIDE**





## About Lake Transit and Other Services:

9. If you or family members have used Lake Transit in the past month, which route(s) did you or family members use? *(check all that apply)*
- |  |  |
|--|--|
| <input type="checkbox"/> Route 1 - North Shore Clearlake to Lakeport                   | <input type="checkbox"/> Route 5 - Clearlake City North Loop |
| <input type="checkbox"/> Route 2 - Hwy 175 Kit's Corner to Middletown                  | <input type="checkbox"/> Route 6 - Clearlake City South Loop |
| <input type="checkbox"/> Route 3 - Hwy 29 Clearlake to St. Helena Hospital (Deer Park) | <input type="checkbox"/> Route 7 - Lakeport / Ukiah          |
| <input type="checkbox"/> Route 3 - Transfer in Calistoga to Napa Routes                | <input type="checkbox"/> Route 8 - Lakeport City             |
| <input type="checkbox"/> Route 4 - South Shore Clearlake to Lakeport                   | <input type="checkbox"/> Other _____                         |
| <input type="checkbox"/> Route 4a - Soda Bay Kit's Corner to Lakeport                  |  |
10. Did you or family members use other public transportation in the past month to travel anywhere?
- Lake Transit Dial-a-Ride     Mendocino Transit     Napa "VINE"     Other \_\_\_\_\_
11. Are there any reasons preventing you or family members from using buses more often?
- Yes                       No
12. *If Yes – What are the reasons? (Check all reasons that apply)*
- |   |  |
|---|--|
| <input type="checkbox"/> Don't have enough information on routes, schedule, fares | <input type="checkbox"/> Would need to transfer                  |
| <input type="checkbox"/> Buses not available at times I need to travel            | <input type="checkbox"/> Concerns about safety or security       |
| <input type="checkbox"/> No transit service in my area                            | <input type="checkbox"/> Too long of a walk to the bus stop      |
| <input type="checkbox"/> Can't afford the fare                                    | <input type="checkbox"/> Not healthy enough to ride or too frail |
| <input type="checkbox"/> Prefer driving   | <input type="checkbox"/> Other _____                             |
13. What other transportation services do you or your family members use? *(check all that apply)*
- Veterans shuttle                       People Services                       Taxi services
14. What times would you prefer to travel for medical appointments? *(check all that apply)*
- 8 am - 12 pm                       12 pm - 4 pm                       4 pm - 8 pm
15. What improvements to public transportation would make it easier for you or your family members to ride?

## About Your Household:

16. What medical insurance is used by you or your family members? *(check all that apply)*
- |  |  |                                      |
|--|--|--------------------------------------|
| <input type="checkbox"/> Medi-Cal          | <input type="checkbox"/> MediCare                    | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Healthy Families  | <input type="checkbox"/> I / we don't have insurance | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Private Insurance |  |                                      |
17. How many vehicles that work, including trucks, cars, vans and motorcycles, do you or your family own or lease?
- None                       1 vehicle                       2 vehicles                       3 vehicles                       More
18. Are there enough cars available for family members' transportation needs?
- Always                       Usually                       Sometimes                       Never
19. How many licensed drivers are there in your household? # \_\_\_\_\_
20. Can you please estimate your annual household income, before taxes?
- |   |   |
|---|---|
| <input type="checkbox"/> Less than \$10,000   | <input type="checkbox"/> \$25,999 to \$49,999 |
| <input type="checkbox"/> \$10,000 to \$24,999 | <input type="checkbox"/> \$50,000 or more     |
|   | <input type="checkbox"/> Don't wish to answer |
21. In what town or community do you live, or is closest to you? \_\_\_\_\_ What is your zip code? \_\_\_\_\_
22. Do you have access to the Internet in your home?
- Yes                       No                       Other \_\_\_\_\_

**THANK YOU VERY MUCH for your time!**  
**Please re-fold survey to original shape and mail by July 31, 2010.**